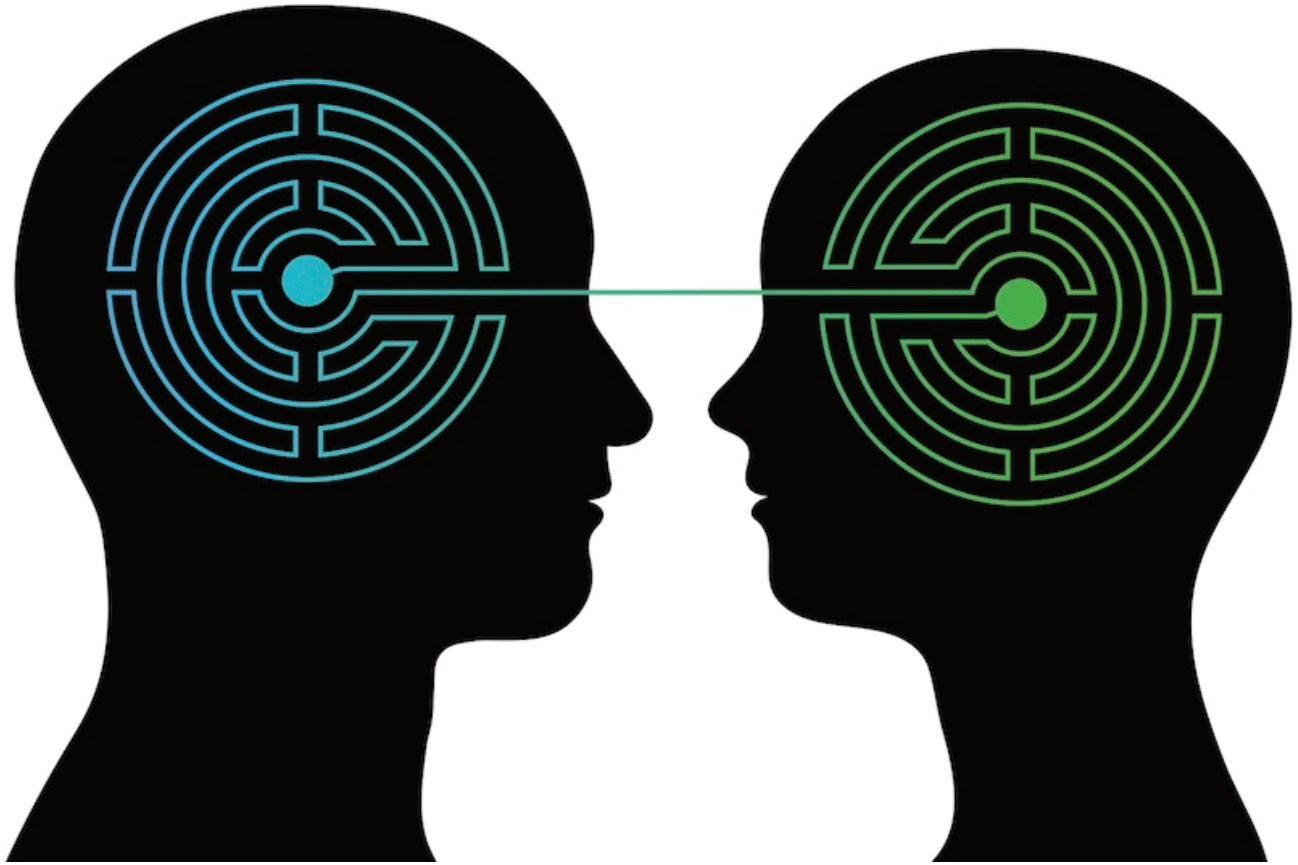


Empathy and Technology

Spring 2018

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Is technology destroying our human ability to empathize?

**THINK
&
FEEL**

What is empathy? Why does it matter? How do we define our ideals of our highest hopes for humanity? Discover best practices to build empathy. Develop empathic communication and negotiation skills.

**OBSERVE
&
REFLECT**

Reflect on your relationship with technology. When does our tech serve us versus distracting us? Which technologies have succeeded or failed to foster empathy? Question existing cultural frameworks underlying tech creation.

**DESIGN
&
CREATE**

In what ways are our technologies aligned with our ideals for humanity? When are they misaligned and why? Redesign and create new technologies to be more inclusive, less addictive, and more human centered.